

City of Long Beach Department of Parks, Recreation and Marine

Stearns Champions Park
4520 East 23rd Street,
Long Beach, CA 90815
(562) 570-1685

Adaptive Recreation In a Special Environment (A.R.I.S.E) Middle School Sports and



January 2020



Our A.R.I.S.E. "Middle School Sports and Cultural Arts Challenge Class," is committed to providing a positive and productive recreational experience where youth can enjoy games, sports, arts and crafts, special events, field trips in a safe and supervised environment. This class is designed to develop social skills, and/or increase skills in various sports and cultural arts activities in an adaptive environment.

In addition, the Adaptive A.R.I.S.E. Recreation Program provides information and referral services.

Class Schedule

January 1, 2, 3, 11, 18, 25

CLOSED: January 4






9:30 - 10:15 AM: Indoor Activities

10:15 - 11:00 AM: Fitness and Outdoor Recreation

11:00 - 11:30 AM: Socialization Snack Break

11:30 AM - 12:00 PM: Playground time/ Free play

12:00 PM - 1:00 PM: Craft/Indoor Recreational Activities

Theme	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Happy New Year	30 	31	1 CLOSED 	2 Uno Basketball Vision Board	3 Connect 4 Soccer 2020 Art	4 CLOSED
Frozen	6	7	8	9	10	11 Bingo Hockey Watercolor Art
I Have A Dream	13	14	15	16	17 	18 Jenga Football MLK Art
Mix and Match	20 	21	22	23	24	25 Sorry Balloon Volleyball Abstract Art
	27	28	29	30	31	1